## **10 GAME RULES**

I, \_\_\_\_\_\_hereby promise:

## 10 rules for respectful and attentive cooperation



1. I treat others as I would like to be treated myself.
2. I do not discriminate others because of their gender, sexual orientation, social or ethnic origin, religion, clothing, skin color or disability.
3. I respect the right of others to physical integrity and do not use violence, whether physical, psychological o sexualized.
4. I respect the individual boundaries of others and respect the right of others to say no. A no is accepted by me.
5. I refrain from disseminating texts, photos, videos or sound recordings via media and social networks against the will of the persons concerned.
6. I allow everyone else to express their feelings and wishes freely.
7. I actively support the idea of fair play and therefore oppose cheating and any form of fraud in sporting competition and in club life.
8. I take a stand against violent, sexist, racist or derogatory behavior, regardless of whether it takes the form of words, actions, images or videos.
9. I support others when they are not in a position to help themselves.
10. I will take responsibility if the above rules are disregarded and will call in a supervisor if necessary.
With my signature I agree to uphold these ten rules.

Signature



Place and date



